



• *Cheyenne Wyoming* •

ADVENTURE

within reach

ADVENTURE AWAITS...

Outdoor adventure is waiting for you just 30 minutes west of Cheyenne! Three scenic and distinct areas—the **Pole Mountain** and **Vedauwoo** areas within Medicine Bow National Forest, and **Curt Gowdy State Park**—provide a rich playground for both the casual nature lover and the avid outdoor enthusiast.

Year-round recreational opportunities await: A well-defined system of trails serve as bike and hiking paths in the summer months, snowshoeing and cross country skiing trails in the wintertime; streams and reservoirs offer fishing and boating; and spectacular rock formations provide climbing and photo opportunities!

Getting there is easy with two routes from Cheyenne:

- **I-80 West:** a well maintained stretch of 4-lane divided interstate.
- **State Highway 210/Happy Jack Road:** a scenic 2-lane state highway.

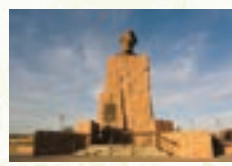


HISTORIC ATTRACTIONS ALONG THE WAY



Ames Monument

A 60-foot-tall granite pyramid dedicated to Oakes and Oliver Ames, two Massachusetts brothers who were extremely influential in constructing the nation's first Transcontinental Railroad. To get to the monument, take I-80 west to exit 329. Instead of turning north to Vedauwoo, turn south onto West Vedauwoo Road (Monument Road) just a few feet south of the Hermosa Road intersection.



Lincoln Monument at the Summit Rest Area

A popular destination just off of I-80 exit 323, this colossal bronze bust of Abraham Lincoln marks the highest point on I-80, an elevation of 8,640 feet. The Summit Rest Area features fascinating historic displays inside (open summer months) and picture-perfect, breathtaking views outside.

Adventure Within Reach...

While Cheyenne is known for western attractions and events like Cheyenne Frontier Days, you can easily kick off your cowboy boots and lace up your sports shoes for a “walk on the wild side” 30 minutes west of Cheyenne, just off Interstate 80 or State Highway 210.

Experience the breathtaking vistas and expansive grasslands that the Cowboys and Native Americans once called home. These lands now offer **wild and untamed adventure for the outdoor enthusiast**. From boating to bouldering and biking to hiking, there's something for every level of expertise.



VISIT CHEYENNE
 THE CONVENTION & VISITORS BUREAU
 121 W 15TH ST, SUITE 202 • CHEYENNE, WYOMING 82001
 1-800-426-5009 • WWW.CHEYENNE.ORG



Explore Wyoming's wide open spaces



Curt Gowdy State Park



JUST 30 MINUTES FROM CHEYENNE



MEDICINE BOW: POLE MOUNTAIN

LOCATION: 37 miles west of Cheyenne, WY

TO GET THERE: Travel west on Interstate 80. Take exit 323 to the Medicine Bow National Forest, Pole Mountain area. An alternative route exists from Happy Jack Road (State Highway 210).

WHEN TO GO: Open year-round

FEES: National Forest access and trail usage is free! Day Use fees are charged at parking and picnic areas, and at some trailheads. Campgrounds fees vary; annual passes are available; see the Forest Service website (below).

ELEVATION: Ranges from 7,500 to 8,830 feet

The entire Medicine Bow-Routt National Forest covers more than 2.2 million acres in north central Colorado and northeastern Wyoming.

The Pole Mountain section of this magnificent national forest lies just 30 minutes west of Cheyenne. Prior to 1959, this 55,000 acre area was administered by the War Department for military training. It is now managed by the US Forest Service and offers endless outdoor recreation.

The Tie City and Happy Jack Trailheads provide the most popular starting points for dozens of diverse trails for hikers and bikers of every level of experience. The trailheads are also home to numerous picnic and campground sites with hundreds of reservable units.

Numerous streams and beaver ponds provide visitors with easy access to fishing for brook trout, while giant billion-year-old granite boulders provide entertainment for climbers and hikers. During winter, these same trails become a wonderland for tubing, sledding, snowshoeing and cross-country skiing, including 10+ miles of groomed skating and classic ski track.

This natural treasure provides accessible, fun family adventure, most of which can be had free of charge!

More information:
USDA Forest Service
Medicine Bow National Forest
(307) 745-2300 • www.recreation.gov



American Badger



Wild Lupine and Indian Paintbrush



Hiking in to Reynolds Hill



Vedauwoo is truly a winter wonderland!

WWW.CHEYENNEOUTDOORS.ORG

MEDICINE BOW: VEDAUWOO

LOCATION: 31 miles west of Cheyenne, WY

TO GET THERE: Travel west on Interstate 80. Take exit 329 to the entrance of Vedauwoo. A more scenic route is on Happy Jack Road (State Highway 210) to Vedauwoo Glen Road (unpaved).

WHEN TO GO: Opening day at Vedauwoo is generally around May 15. You are allowed to park outside of the gates and walk-into the park (weather permitting) prior to the opening date.

FEES: No fee to enter the area. A \$5 vehicle fee is required to use the various picnic areas.

ELEVATION: 8,200 feet

We call it "rock-reaction," but the name Vedauwoo (vee-da-woo) is actually a version of the Arapaho Indian word "bito'o'wu" meaning "earth-born." This extraordinary area features vast otherworldly rock formations of 1.4 billion year-old granite.

Scenic beauty and wildlife flourish here, but for those who love to climb, it's all about the rocks! Climbing comes in all forms: bouldering, belaying, scrambling, and repelling. This is world-class mountaineering featuring dozens of climbing routes with varying levels of difficulty. Most of the routes are cracks, but climbers will also find areas for face climbing. There are several climbing guide books for this area.

Those who love to bike will find more than 20 multiple-use trails, some of which link to Happy Jack Road. There are single-track, double-track and fire roads. This network includes the popular Turtle Rock Trail, where bikers will find rocky technical sections, huge rock formations, and spectacular views.

Wildflowers are abundant during the spring and summer months at Vedauwoo; then fall ushers in spectacular displays of yellow-gold and red. With an average snowfall

of 50 inches, the diverse landscape is a perfect winter playground for sledding and snowshoeing.

For visitors who wish to play and stay, there are almost 30 campsites with tables and fire rings. These areas are usually open from May 15 through November 1, and overnights are limited to 14 days. Primitive camping is permitted outside the designated campgrounds.

Horses are allowed on many of the hiking trails at Vedauwoo, making it a great place for horseback riding. Dude ranches and outfitters in the area offer trail rides and pack trips.

More information:
USDA Forest Service
Medicine Bow National Forest
(307) 745-2300 • www.recreation.gov



Turtle Rock Trail at Vedauwoo



Exploring among the boulders

WWW.CHEYENNEOUTDOORS.ORG

CURT GOWDY STATE PARK

LOCATION: 24 miles west of Cheyenne, WY

TO GET THERE: Travel on Happy Jack Road (State Highway 210) to County Road 106 (milepost 23 1/2).

WHEN TO GO: Open 24 hours a day. Park headquarters 7 a.m. – 8 p.m. Most park grounds are open year round, weather permitting. Some restrooms and most drinking water systems are closed October 1 through early May.

FEES: Entrance fee \$4 (resident), \$6 (non-resident) per vehicle. Additional use fees may apply; see the Wyoming State Parks website (below).

ELEVATION: Ranges from 6,800 to 7,900 feet

Curt Gowdy State Park was established in 1971 and later named in March 1972 for famous sportscaster Curt

Gowdy (1919–2006). Gowdy was born in Green River, WY, but he grew up and began his broadcasting career in Cheyenne.

Recently named as an "Epic" trail system by the International Mountain Bicycling Association, Curt Gowdy State Park features more than 35 miles of well-marked scenic trails for mountain bikers and hikers of all ages.

The bike trail system has everything from fast, flowy single-track routes and play areas to rugged rock garden climbs and artificial free-ride features. These scenic trails feature hidden waterfalls and challenging twisty rocky



Hidden Falls near Crow Creek Trail



Cruising through "The Door"

trails for intermediate and advanced riders. Beginning bikers will enjoy the miles of basic paths which wind between the reservoirs.

For those who love the water, the park features three reservoirs: Granite Springs, Crystal and Upper North Crow. These beautiful waters offer up a variety of fish species, while boaters can enjoy untamed recreation from a different vantage point. Wintertime provides a change of pace where ice

fishing becomes a popular sport. Spring and summertime provide adventure to campers who love the outdoors.

Curt Gowdy State Park features twelve campgrounds with reservable and non-reservable sites. Aspen Grove campground is next to a free public horse corral.

More information:
Curt Gowdy State Park
(307) 632-7946 • wyoparks.state.wy.us



Shore fishing at the State Park

WWW.CHEYENNEOUTDOORS.ORG