# WESTERN ARTS Architecture From Cowboy to Contemporary



## WANDERINGS: BOULDER, COLORADO

Get fit, get fed and get fired up about art in this alpine paradise

WRITTEN BY Kathy Chin Leong

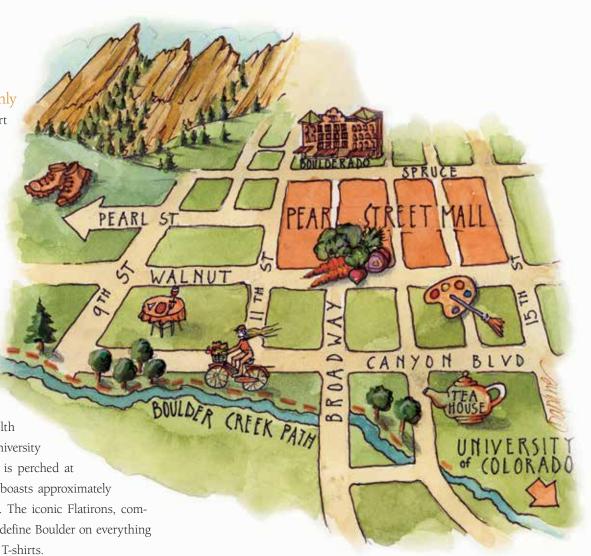
### When a community of only

100,000 citizens can support six natural food stores while larger cities can barely sustain one; when farm-to-table food preparation is the norm among restaurants rather than a movement; when employees prefer to bond on hiking trails instead of bar stools, then you've got a destination that's in a class of its own. That destination is Boulder, Colorado.

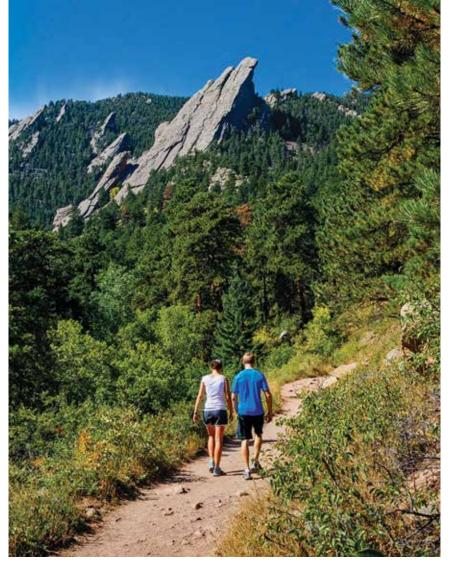
Less than an hour's drive from Denver, the 25-square-mile college town is a health nut's dream. Home to the University of Colorado Boulder, the town is perched at 5,430 feet above sea level and boasts approximately 300 days of sunshine annually. The iconic Flatirons, comprised of five sandstone peaks, define Boulder on everything from business logos to souvenir T-shirts.

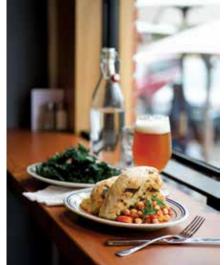
In this alpine paradise, Olympic athletes pummel their bodies every day by hiking, biking, running or skiing. Meanwhile, a litany of PhDs and intellectual elite flex mental muscle at Boulder's 13 major federal labs. Among the residents, 30,000 (or 33 percent) are college kids. With such a cadre of Olympians, high-achieving scientists, educators and students, it's no surprise that the Gallup poll ranked Boulder as the fittest city in the United States with the country's lowest obesity rate at 12.4 percent.

The crux of Boulder's culture is not about fitness for looks, but fitness as essential to the joy of living. For visitors, bicycling is a simple first step. From easy to advanced paths, the city is popular for its well-marked bike lanes in addition to supportive, bicycle-aware drivers. Trails crisscross the city so a rider can pedal from one end of Boulder to the other without



Opposite page, from top right: Farm-to-table cuisine is iconic at The Kitchen Next Door. Photo: Davis Tilly Photography | The Boulder Museum of Contemporary Art was founded in 1972 by a group of local artists and is housed in this glorious 1906 building. Photo courtesy BMoCA | Diana Tripp's *The Journey's End* evokes memories of vibrant vistas in dreamy pastel. | The Dushanbe Teahouse draws visitors worldwide. Photo courtesy Three Leaf Concepts | Chautauqua Dining Hall is Boulder's historic gem. | Shakespeare is performed annually at the Colorado Shakespeare Festival held at the University of Colorado Boulder campus. Photos courtesy Boulder CVB | Black Cat Farm supplies heritage and exotic produce to Black Cat Restaurant. Photo: Con Poulos | Mountain biking is like breathing to local Boulderites. Photo: Dave Sutherland, City of Boulder | Every visitor must take a hike to the Flatirons during their stay. Photo: Denise Chambers/Boulder CVB



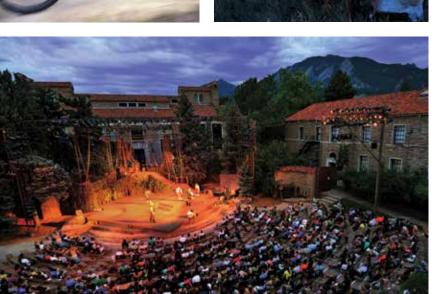


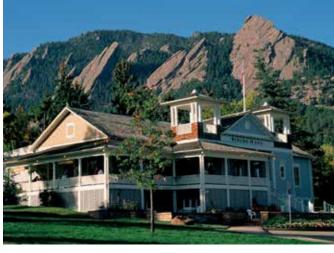




















**This page, from top:** Leanin' Tree Museum of Art treats guests to life-sized Western sculptures in its garden. Admission is free. | Pearl Street Mall is the entrepreneurial lifeblood of Boulder. | This fairy makes her rounds at the Tulip Fairy and Elf Festival. | Temptation is irresistible at the Smith Klein Gallery featuring sculpture, paintings, jewelry and glasswork. Photos courtesy Boulder Convention and Visitors Bureau

having to navigate car traffic. The city is home to a spate of cycle shops in addition to the B-Cycle public bikes that are available on the streets for hourly rental. The most popular ride is the paved, 7-mile, tree-lined **Boulder Creek Path** that bisects downtown Boulder.

After working up a big appetite, travelers will have no problem finding wholesome and delicious places to eat. "We Boulderites care about what fuels our bodies," says Kim Farin of the Boulder Convention and Visitors Bureau. The community's insistence on organic and local produce makes for friendly competition among the local, upscale restaurants. Open for dinner only, Black Cat is owned by Jill and Chef Eric Skokan, who also operate an organic 130-acre farm. Black Cat's claim to fame is its ability to produce and grow 90 percent of the food on the diner's plate. Meanwhile, The Kitchen follows suit with sustainable and organic produce and meats provided by local farmers and ranchers. Dinner menus consist of comfort American dishes including pan-seared rainbow trout and house-made tomato soup.

At the **Spruce Farm and Fish**, this new entrant to the Boulder culinary scene delivers contemporary



### **ATTRACTIONS & TOURS**

Awe-Struck Outdoors Bike to Farm Tours: Various locations 303.807.6634: awestruckoutdoors.com

Chautauqua Park: 900 Baseline Road: 303.442.3282; *chautauqua.com* 

Leanin' Tree Museum of Western Art: 6055 Longbow Dr.: 303.7293412 leanintreemuseum.com

Pearl Street Mall: Pearl Street between 11th and 15th St: 303.449.3774 boulderdowntown.com

Tinker Art Studio 1300 Yellow Pine Ave., \*B 303,503,1902; *tinkerartstudio.com* 

### **EVENTS**

Boulder International Fring Festival: Sept. 16 - 27 303.803.5643: various locations boulderfringe.com

Pearl Street Arts Fest July 18-19, 2015; Pearl Street Mall

July 18-19, 2015; Pearl Street Mall 303.449.3774; boulderdowntown.com

Tulip Fairy & Elf Festival Held annually in April: Pearl Street Mall (13th to 15th St.): 303.4493774 boulderdowntown.com

### **GALLERIES**

Art and Soul Gallery: 1615 Pearl St. 303.544.5803; *artandsoulboulder.com* 

15th Street Studio: 1708 15th St. 303.447.2841: *15thstreetstudio.com* 

Mary Williams Fine Arts 2116 Pearl St.: 303.938.1588 marywilliamsfinearts.com

Smith Klein Gallery: 1116 Pearl St. 303.444.7200; *smithklein.com* 

### DINING

Black Cat: 1964 13th St. 303.444.5500; *blackcatboulder.com* 

Dushanbe Teahouse: 1770 13th St. 303.442.4993; boulderteahouse.com

Spruce Farm and Fish: 2115 13th St. 303.442.4880; *spruceboulderado.com* 

The Kitchen: 1039 Pearl St. 303.544.5973; *thekitchen.com* 

### **ACCOMMODATIONS**

Chautauqua Cottages & Lodges 900 Baseline Rd.: 303.442.3282 chautauqua.com

Hotel Boulderado: 2115 13th St. 303.442.4344; boulderado.com

St. Julien Hotel and Spa: 900 Walnut St.: 720.406.9696; *stjulien.com*  American fare, emphasizing seasonal ingredients. Specialties include caramelized brussels sprouts made with soy and sweet chili glaze.

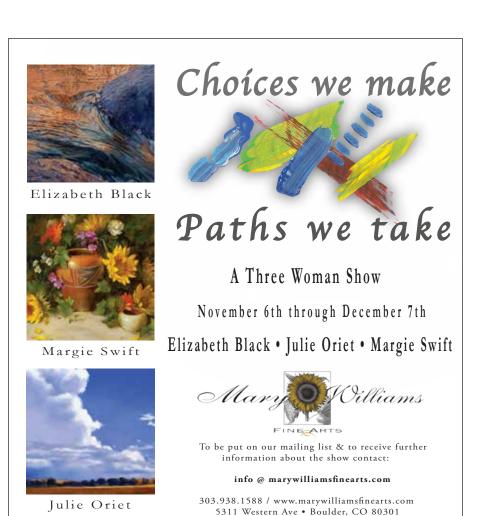
Feeding the artistic soul and appetite is the **Dushanbe Teahouse**, a gift from sister city Dushanbe in Tajikistan, near Afghanistan. Delivered to the town in sections, it was rebuilt piece by piece by craftsmen who came from Dushanbe. The teahouse stuns with vibrant hues from the handpainted ceramic panels. Mosaics in greens, reds, yellows and blues fill the eye from floor to celestial ceiling. Featuring international loose leaf teas, Dushanbe serves breakfast, lunch and dinner, and, of course, afternoon tea.

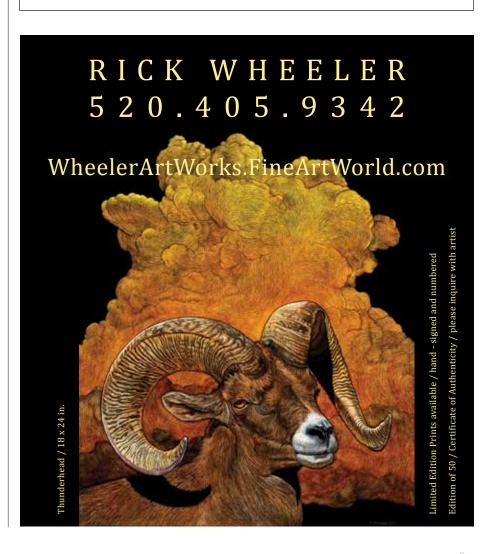
Foodies can combine exercise with meals by going on the Bike to Farm Tours from Awe-Struck Outdoors. The Thursday-night ride brings cyclists together for a killer tour followed by a three-course farm dinner.

Lodging worth the trip can be found at **The Boulderado**, which opened doors to weary travelers in 1909. The property is a prime example of Italian Renaissance and Spanish Revival architecture with Victorian furnishings and modern amenities. Wowing visitors with its stained-glass canopy ceiling, the hotel was recently restored and still operates its original Otis elevator with a uniformed bellman at the helm.

Other historic surroundings include those at Chautauqua Park, where people can rent unique lodge rooms and historic cottages. For luxurious dwellings, the St. Julien Hotel & Spa offers modern rooms coupled with mountain views.

In Boulder, support for the arts







The Flatirons provides a spectacular backdrop for the city of Boulder where the image is part of its branding. Photo courtesy Boulder CVB

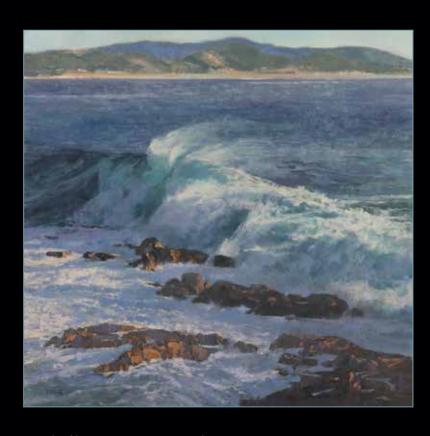
is rampant. At Tinker Art Studio guests can drop in on weekend classes. The Boulder Museum of Contemporary Art offers innovative exhibitions. For original artwork, go to Pearl Street Mall, a brick-paved shopping and dining district. A few of the downtown galleries include Smith Klein for nationally recognized artists, Art and Soul for fine Modern art, Mary Williams Fine Arts for 19th- and 20th-century works, and 15th Street Studio for contemporary paintings.

Less than a mile from town is the Leanin' Tree Museum of Western Art, which showcases the collection of Ed Trumble, founder of Leanin' Tree greeting cards. Free to the public and built as an homage to the lives of cowboys and Native Americans, the museum and sculpture garden boasts 250 paintings and more than 100 bronze sculptures.

Memorable events elevate the energy in this active city. While it hosts numerous fitness events, Boulder loves to throw art and community festivals. Every spring, the Tulip Fairy & Elf Festival celebrates with costumed children parading through patches of 15,000 tulips. In July, craftspeople sell wares at the Pearl Street Arts Fest. And every September, storytellers, poets, actors and dancers perform at the Boulder International Fringe Festival.

Tiny Boulder packs a big punch when it comes to outdoor recreation and farm-to-table fare. Together with cultural adventures, this granola-loving town appeals to all ages. In one location, you can tackle a new trail, see a new exhibit and, best of all, gain a new perspective.

Kathy Chin Leong is a freelance writer based in Sunnyvale, California. Her work has appeared in Coastal Living magazine, National Geographic Books and many other national publications.



# Michelle Jung

"Sea Spray" 36" x 36" Oil on Canvas



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