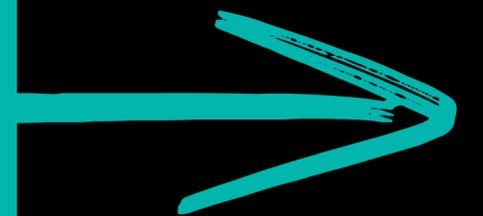


 **ON**
AIR
PlayUP

**WORLD
HUMANITARIAN
DAY**

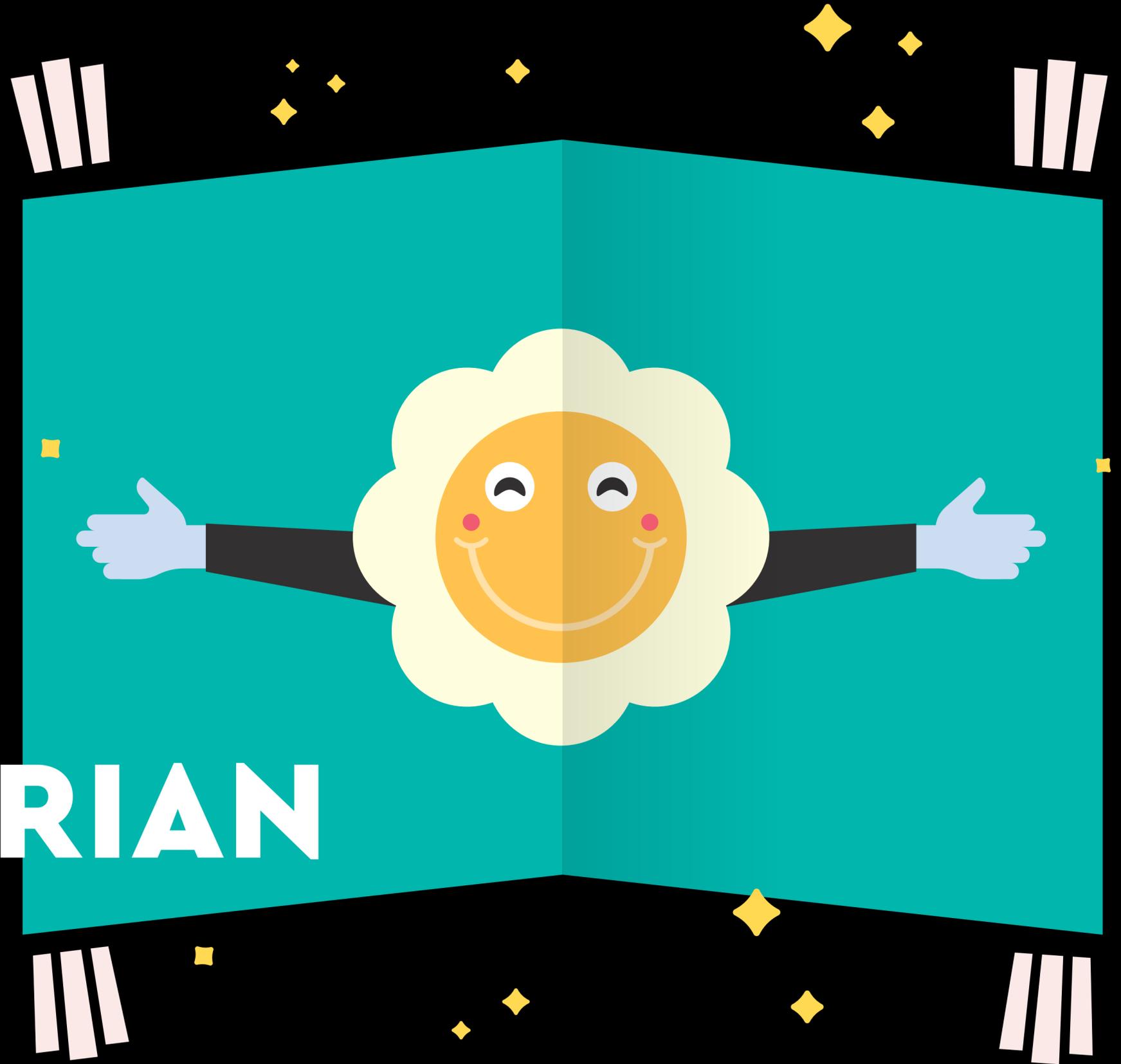


Join the PlayUP team
as they make

HUGGING CARDS

to celebrate

WORLD HUMANITARIAN DAY!



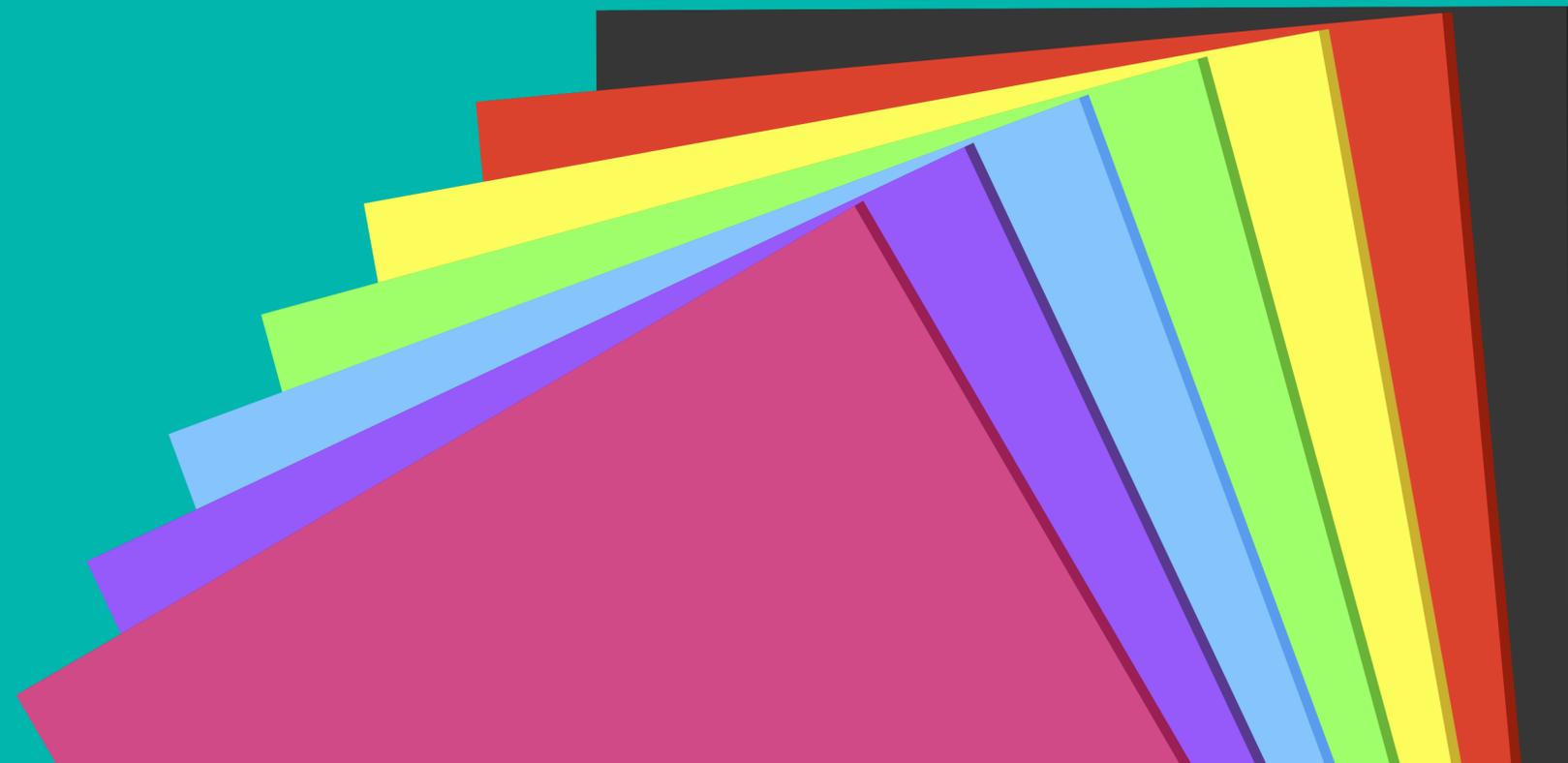
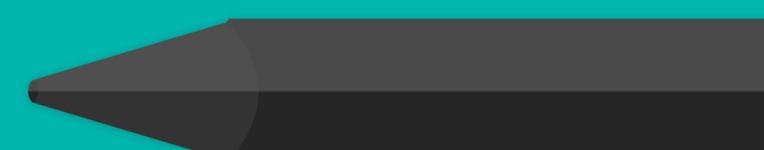
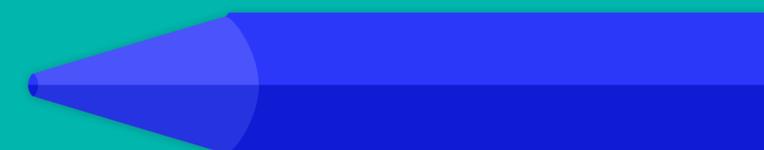
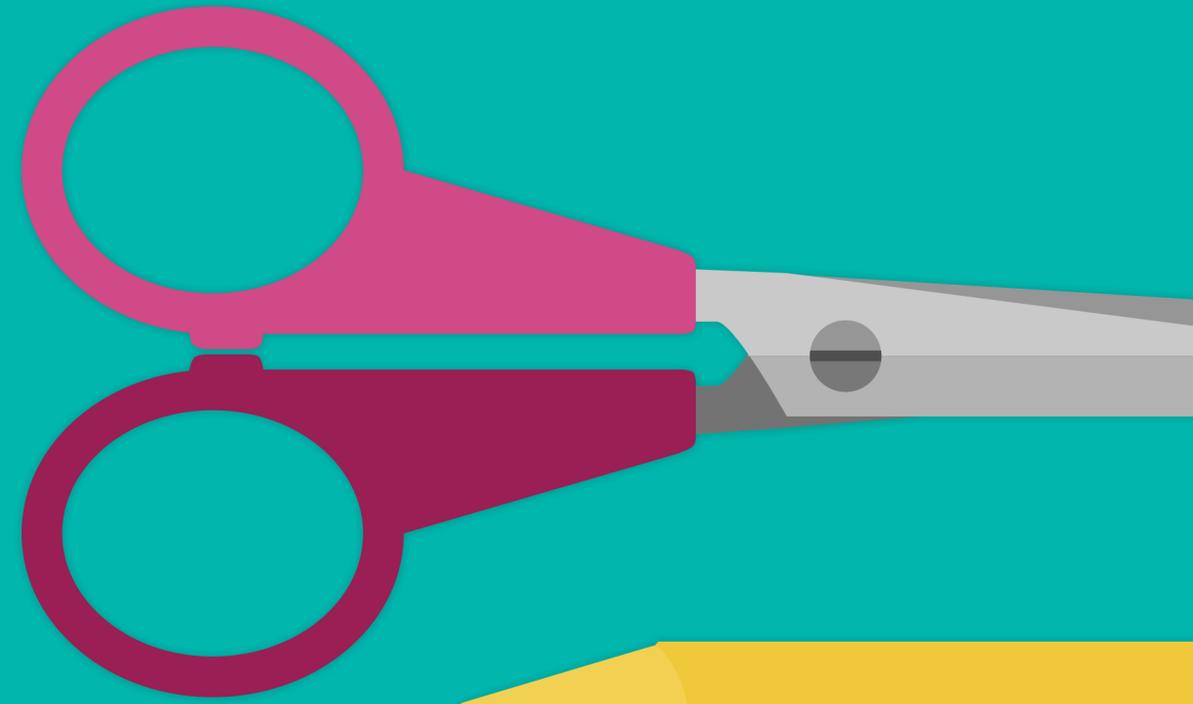
Humanitarian workers are people who commit their lives to helping others. Humanitarian or aid workers can include nurses, doctors, teachers, social workers, engineers, lawyers and people from many other professions. Some work in their home countries and some travel near and far to help care for strangers.

Humanitarian workers can respond to crises, which means their work can be unsafe. Right now, many aid and healthcare workers are helping people around the world fight the Coronavirus.

World Humanitarian Day is an opportunity to say 'thank you' to all humanitarian workers and think about the ways we can help and care for others too.

Materials

- Paper or cardboard
- **Scissors** (please be careful with these)
- **Crayons, textas or pencils**
- **Glue stick or sticky tape**



Instructions

1. Fold a rectangular piece of paper or cardboard in half, short edge to short edge.
2. Draw and cut two long arms from paper or cardboard. Each arm can be about the length of the card when its open.
3. Create a head and body from paper or cardboard that will fit inside the card.
4. Stick the arms to the back of the body. Stick the body inside your card.
5. Choose how you would like your hugging arms to pop-up.
 - Fold the arms at each edge of the card to create elbows. Tuck the arms in when you shut the card.
 - Fold the arms using an accordion or fan fold. Keep them folded as you close the card.
6. Give your hugging person features and decorate your card.

Tip:

- Give this card to someone to show you care about them.
- Is it someone you know?
 - Can you use their favourite colours?

Humanitarians often care for people they don't know.

You can too by sending this card to a local aged care centre, hospital (we recommend checking with them first before sending), or drop it in a neighbour's mailbox.

**Pick up
rubbish along
your street or
local park**

Random Acts of Kindness

**Give your
best smile to
everyone you
pass**

**Make a
meal for a
friend**

**What can you do today to care for
a friend, neighbour or stranger?**

**Call a
friend and
ask how they
are doing**

**Donate
good toys
and books
you no
longer use**

**Post
a friendly
note or
drawing in a
letterbox**

**Place a dish
of water in
your garden
for animals**

Fun at Home

Teddy Bear Doctors

Our doctors and nurses are working hard to help people who are sick – people with the Coronavirus and other illnesses too.

Sharpen your caring skills by looking after your sick teddy bears. Put together a bag of supplies, like a blanket, bandages, medicine bottles (empty recyclables), and a notebook.

**Is anyone else in your house sick?
How can you take care of them?**

Emergency supply collection race

Gather items you might need in an emergency, such as band aids, buckets, jumpers, or towels. And two or three non-emergency items, such as a building block or puzzle. Mark a runway inside or outside and pile all the items at one end and a large basket at the other.

Level 1: Collect one emergency item at a time. Ensure you select only the emergency supplies.

Level 2: Race against others and see who can collect the most emergency supplies, or race against the clock and try to beat your time.



A photo
of a happy
memory

Healthy
snack

More Fun at Home

Tea
or cocoa

Lots of hugs
(check out the
next slide for
more crafted
hug ideas)

Toothbrush

Make and give a care package

Put together a package to show someone you care. It could include useful items we use every day, or special items that show someone we are thinking of them.

A
handmade
card

Chocolate
or lollies

Tissues

A good
story or
colouring
book

suggestions:
Puzzle

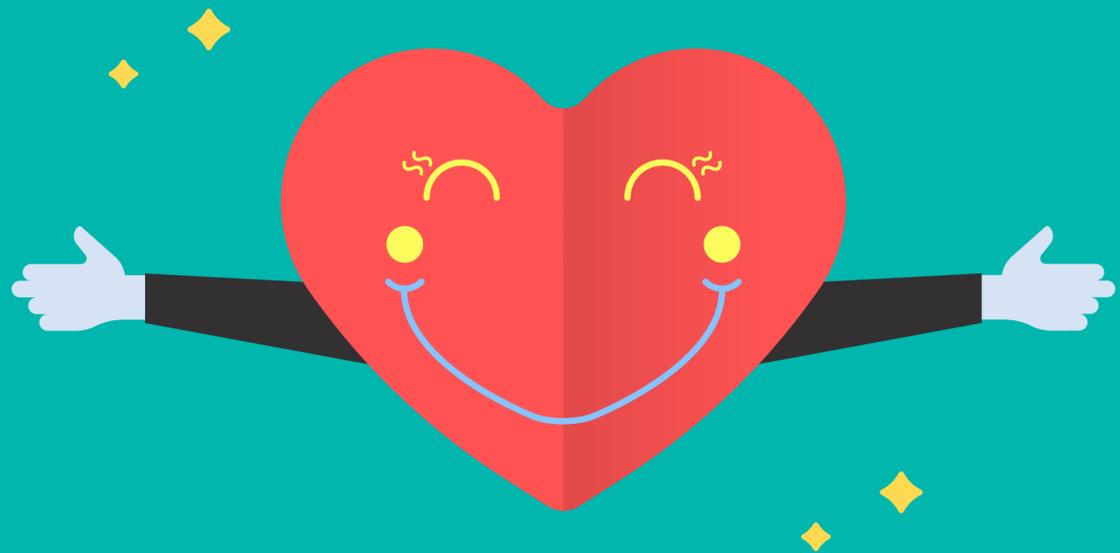
Hot water
bottle

Give more hugs

We don't think there is such a thing as too many hugs. Here are some more hugs you can share with others.

You'll need:

- large sheet of paper (e.g. butchers' paper)
- crayons, textas or pencils



Giant hugs

Lie on the paper with your arms stretched wide (like you're about to give someone a hug) and trace around your body.

Cut out your body shape, draw your face and decorate. Fold it up and put it in an envelope and send a hug to someone in the mail.

Little hugs

On paper or cardboard, trace around your hands, cut out the shapes and decorate.

Cut a piece of string, wool, or ribbon as long as your outstretched arms and attach each end to your hand cut outs.

Put your little hug inside an envelope and send a hug to show someone you care.

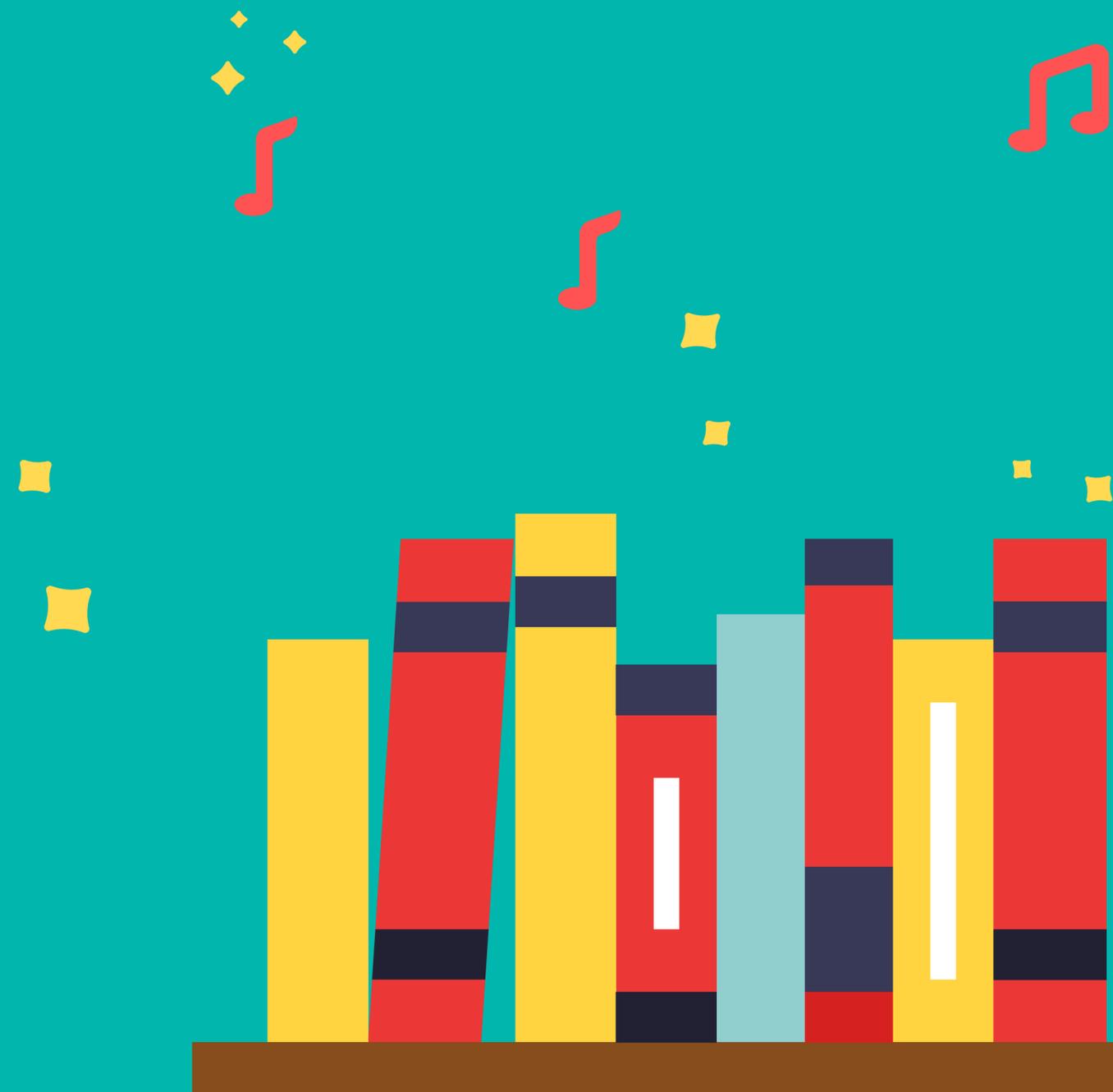
Books

| Title | Authors/Illustrator |
|--|-------------------------------------|
| <i>Pass It On</i> | by Sophy Henn |
| <i>My Two Blankets</i> | by Irena Kobald and Freya Blackwood |
| <i>Little People, Big Dreams: Audrey Hepburn</i> | by Isbael Sanchez Vegara |
| <i>Fire, Cyclone, Flood, and Drought</i> | by Jackie French and Bruce Whatley |

Watch and listen to more books about humanitarianism:

The House that Jane Built by Tanya Lee Stony and Kathryn Brown, read by Kiernan Shipka
www.youtube.com/watch?v=qITsQKHAZy8

Violet the Pilot by Steve Breen, read by Dolly Parton
www.youtube.com/watch?v=mGXxlQ3quGA



Learn More

www.un.org/en/observances/humanitarian-day

www.worldhumanitarianday.org/

www.un.org/en/sections/what-we-do/deliver-humanitarian-aid/index.html

www.worldofchildren.org/honoree/jane-aronson/

www.sbs.com.au/language/english/audio/duty-to-serve-sikh-volunteers-serve-free-food-after-public-housing-towers-face-lockdown-in-melbourne

—
Hear from Australian humanitarians in this ABC Behind The News video: www.abc.net.au/btn/classroom/world-humanitarian-day/10527860

[Links to the Early Learning Framework](#)
[– Belonging, Being and Becoming](#)

Outcome 1: Children have a strong sense of identity

- Children develop their emerging autonomy, inter-dependence, resilience and sense of agency
- Children learn to interact in relation to others with care, empathy and respect

Outcome 2: Children are connected with and contribute to their world

- Children develop a sense of belonging to groups and communities and an understanding of the reciprocal rights and responsibilities necessary for active community participation

Outcome 4: Children are confident and involved learners

- Children transfer and adapt what they have learned from one context to another

Outcome 5: Children are effective communicators

- Children express ideas and make meaning using a range of media

Learn More

[Links to the Australian Curriculum](#)

Intercultural Understanding Levels 1-3

Interacting and empathising with others
– empathise with others

Ethical Understanding Levels 1-3

Understanding ethical concepts and issues
– recognise ethical concepts; explore ethical concepts in context

Reasoning in decision making and actions
– reflect on ethical action

Exploring values, rights and responsibilities
– examine values

Personal and Social Capability Levels 1-3

Social awareness – Appreciate diverse perspectives; contribute to civil society



Aligns with the United Nations Sustainable Development Goal 1.5

End poverty in all its forms everywhere



Aligns with the United Nations Sustainable Development Goal 2.4

End hunger, achieve food security and improved nutrition and promote sustainable agriculture



Aligns with the United Nations Sustainable Development Goal 3.8

Ensure healthy lives and promote well-being for all at all ages

SUSTAINABLE DEVELOPMENT GOALS

ON AIR PlayUP

**Don't forget to tune
into On Air PlayUP next
Wednesday for more fun.**



Old
Parliament
House

 @OldParliamentHouse

 @MuseumofAustralianDemocracy