

DISCOVER NEW ADVENTURES

HERTS YOUNG MARINERS BASE

Stay active, meet new people and enjoy the great outdoors with welcoming sessions designed just for you.

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Whether you want to get moving, learn a new skill, or simply enjoy time with others, we have something for you. Join our supportive sessions and discover how enjoyable staying active can be. Activities include:

Canoeing

Glide across peaceful lakes and enjoy friendly company in this low-impact, adaptable activity.

Archery

Build strength, focus and confidence while having fun and meeting new people in a relaxed setting.

Bushcraft

Learn outdoor skills, spark creativity and connect with nature and others in a gentle, hands-on way.

Yoga

Improve strength, balance and flexibility while relaxing your mind in welcoming, supportive sessions.

Water Nature Painting

Unwind, express yourself and enjoy the outdoors through creative, mindful and social painting sessions.

Book now by visiting better.org.uk/hymb