# DIDCOT WAVE SWIM SCHOOL NEWSLETTER

#### **March 2025**

# BOOKABLE NOW: APRIL HOLIDAY SESSIONS

We have lots of activities throughout the April Holiday - including Short-Course Swimming Lessons!

Perfect for children starting swimming or currently in lessons our short course lessons offer children a chance to practice and progress their skills with an extra lesson in the School Holidays.

To Book Please Scan the QR Code Below:



# **SWIMATHON 2025**

We are hosting the Swimathon again this year at Didcot Wave!

Sign up at: www.swimathon.org and join us on 30th March from 3pm to take part in this amazing event!

Individual challenges range from 400m to 5km.

Team challenges for 2-5 Swimmers for 1.5km and 5km.

This fun event supports Marie Curie and Cancer Reasearch UK. Swim at your own pace and style - All Welcome!

If you would like any advice on; please speak to a member, of staff who will be happy to help.



# **SPRING SWIM SCHOOL PARTY**

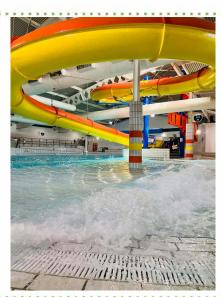
Join us for our Swim School Spring Party 27th April 5-6pm!

FREE for Swim School Members and £5 per guest for family and friends joining!

Includes the WAVES and loads of fun!

Please visit reception when next in centre to book your space!

Please note under8's must be accompanied by an adult.





#### WORDSEARCH

G P D I D C O T R E S E D L A J Z O D G A R G Q W B R X S O G D S R Z G S I S W I M S F T G L L Z R I S S T L E O W O M Z E E C E E E W E M N M W G S K R O P U S S E W E C S I F L O A T N S

DIDCOT FLOAT SWIM GOGGLES FUN



# **DID YOU KNOW?**

Swimming is an essential life saving skill, as well as one of the most healthy and fun activities! It improves strength, stamina, flexibility and posture - keeping your child active and happy at the same time. To support children develop a love of swimming that lasts a lifetime; all children in the Didcot Wave Swim School can swim for FREE in any of the Wave's Swim4All Sessions! For more information, please speak to a member of staff.

Please be aware swim safely rules apply for these sessions.

# **DIDCOT DINOSAUR WEEK**

We hope you enjoyed the fun in our Didcot Dinosaur Week!

Keep an eye on our BETTER Didcot Facebook page, noticeboards and newsletters for our next themed week!



# **NEW ACADEMY LESSON!**

Exciting news! We are now offering another Academy Swimming Lesson on Tuesdays! 6-6:45pm suitable for children who have completed development and ready for the next step!

Academy classes focused on self-led progression and advanced safety techniques. Lessons include setting personal targets, junior lifesaving and personal survival techniques.



Refer a friend for a chance to win a 12 month Better Course.

For more information, scan the QR Code.



better.org.uk/didcot-wave



