

VeloPark December 2024 Track Timetable

The programme is subject to change with sessions added or cancelled at short notice.

This timetable shows session START TIMES. For session durations and full details please check our website:

https://www.better.org.uk/leisure-centre/lee-valley/velopark/track-cycling

Competitions are run by 3rd Party Organisers, please check website for contact details

1985	Start Time	Monday 2 December	Tuesday 3 December	Wednesday 4 December	Thursday 5 December	Friday 6 December	Saturday 7 December	Sunday 8 December	Start Time
Bell									
100 100									
10 10 10 10 10 10 10 10	11:00								11:00
100 100									
Mary	14:00	Drop in U							14:00
Mile		Taster (16:15)	PC City Academies						
Total Tota		After Calcal Club	BC City Academies						
Market Secretar			Drop in U						
Second S		Endurance SQ1							
Column									
Column C		Monday 9 December	Tuesday 10 December	Wednesday 11 December	Thursday 12 December	Friday 13 December	Saturday 14 December	Sunday 15 December	
100								BC track cluter	
100 100	10:00								10:00
1-00 1-00							Flying Lap Taster (11:10)	Flying Lap Taster (11:10)	
100 100 100	13:00			Dron in I.I. (12·30)	Dron in U (12·30)	Track Over 40's and Womens plus Sprint	Taster (13:15)	VP experience (13:15)	13:00
Total Control Total Contro				5.00 0 (12.00)	3.0p 3 (12.30)		Elving Lan Tactor (14:40)	ů	
1.00		Drop in II (16·20)	PC City Academies			Drop in U (14:30)			
1-100 1-10		Drop iii 0 (16.50)	The second secon			Taster	Club Siot	Stage 5	
Table Tabl		Forders and COT	Drop in A	Club Slot					
Tuesday 15 December	20:00	Endurance SQ1	Track league	Club Slot	LYTL				
Company Comp									
		Monday 16 December	Tuesday 17 December	Wednesday 18 December	Thursday 19 December	Friday 20 December	Saturday 21st December	Sunday 22nd December	
100 110									
1,000 1,00	10:00						Drop in A		10:00
1500 1500							Flying Lap Taster (11:10)	Flying Lap Taster (11:10)	
15-00			Track Over 40's and Womens plus Sprint	Drop in II /12·20\		Track Over 40's and Womens plus Sprint	VP experience (13:15)	Taster (13:15)	
1700 1700		Para		D10p iii 0 (12.30)				Flying Lan Tactor (14:40)	
Supplied			Drop in U (14:30)	Taster (15:30)	Drop in U	Drop in U (14:30)	LYTL		
1900 10 10 10 10 10 10 1		Stage 3 (16:30)	BC City Academies	BC city academy	Tester (17:20)			Stage 4	
		Fadurana COT	Taster	Club Slot		Flying Lap Taster (18:10)			
Start Time		Endurance SQ1	Derny SQT	Club Slot	womens track training				
Page		Monday 23 December	Tuesday 24 December	Wednesday 25 December	Thursday 26 December	Friday 27 December	Saturday 28 December	Sunday 29 December	
1100 1120									
12:00 13:00 14:00 15:00 15:00 15:00 16:0	10:00								10:00
13:00 15:0			Track Over 40's and Womens plus Sprint						
15:00 15:0	13:00								13:00
15:00 15:0			Drop in U (13:30)						
17:00 18:00 19:00 19:00 29:0	16:00	Dron in IJ/15:30)							16:00
19:00 20:0									
21:00	19:00	Endurance SQT							19:00
Start Time Monday 30 December Tuesday 31 December Wednesday 1 January Thursday 2 January Friday 3 January Saturday 4th January Sunday 5 January Start Time									
Drop in A BC RSR 09:00 10:00 11:00		Monday 30 December	Tuesday 31 December	Wednesday 1 January	Thursday 2 January	Friday 3 January	Saturday 4th January	Sunday 5 January	
10:00 11:00 11:00 11:00 11:00 11:00 11:00 11:00 11:00 11:00 11:00 11:00 11:00 11:00 11:00 11:00 11:00 11:00 11:00 11:00 11:00 11:00 11:00 11:00 11:00 11:00 11:00 11:00									
11:00 12:00 13:00 13:00 14:00 14:00 15:00 15:00 16:00 17:00 17:0							Drop in A	BC RSR	
13:00 14:00 15:00 16:00 17aster 17aster 17aster 17aster 18:00 19:00 19:00 10:0	11:00						Flying Lap Taster (11:10)		11:00
14:00 15:00 16:00 17:00 18:00 18:00 19:00 19:00 19:00 10:00					Drop in U	Track Over 40's and Womens plus Sprint	Tactor (12:15)		
15:00 16:00 17:00 18:00 19:00 19:00 19:00 15:00 16:00 17:00 18:00 19:00 19:00 20:00							Taster (15:15)	ve experience (13:15)	
16:00 17:00 18:00 18:00 19:00 20:00	15:00				Drop in U		Flying Lap Taster (14:40)	Flying Lap Taster (14:40)	15:00
18:00 19:00 20:00						Taster	Club Slot	Stage 1	
20:00	18:00								18:00
21:00	21:00								21:00