



ORGANISED WALKING GROUPS

Provider	Day	Time	Location	Meeting point	Price	Contact	More info
Age UK	Monday	10:00-11:00	Friary Park, North Finchley	Meet at the Torrington Park entrance nearest to Ashurst Road. N12 9AJ	Free	Wendy Nutman wendy.nutman@ageukbarnet.co.uk	Followed by optional tea in the café afterwards.
	Monday	10:30-11:30	NW11 Northway Gardens	Meet at the corner of Northway and Litchfield Way by the H2 bus stop bench. NW11 6NY	Free		
	Tuesday	10:30-11:30	Dollis Valley Greenwalk	Meet by the mopboard at the entrance to Brook Farm Open Space, Totteridge Lane (located downhill from the entrance to Totteridge and Whetstone underground station) N20 9QX	Free		

	Friday	10:30-11:30	Stephens House and Gardens (lasts 40-60 mins).	Meet at Stephens House Cafe, 17 East End Road, Finchley N3 3QE	Free		The walk lasts 40-60 mins followed by optional refreshments in local café afterwards.
	Friday	14:00-15:00	Oakhill Park	Meet at Oak Hill Park car park (Parkside Gardens, East Barnet, EN4 8JP)	Free		Followed by optional refreshments in local café afterwards.
BETTER	Wednesday	10:00-11:00	East Finchley	Meet at East Finchley Station, bus stop H.	Free	Louis Victor efwellbeinhswals@gmail.com 07779392911	
	Friday	10:30-11-30	Copthall area	Meeting at Barnet Copthall L.C.	Free	Petrit Krasniqi Petrit.Krasniqi@GLL.ORG	
Barnet Walking Football Group	Last Wednesday of each month	11:00	5 to 10 miles Path varies	Meeting points varies accordingly to the path.	Free	Kevin Kevz2009@live.co.uk	Dog welcome

RCCT Romanian Centre	Thursday	10:00-11:00	Burnt Oak Edgware HA8 0LN	Livingstone House 102 A Watling Ave	N/A	www.rcct.uk office@rcct.uk 073114848110	
U3A Mill Hill	Fortnightly	Please contact the coordinator	Mill Hill area	Meeting point is outside the Three Hammers Pub, The ridgeway, NW7 4EA.	U3A Members	Join Mill Hill U3A - Mill Hill U3A Gill Simon 020 35564106	
	Wednesday	Please contact the coordinator	Location various. Please contact the coordinator.	Meeting points various. Please contact the coordinator.		Join Mill Hill U3A - Mill Hill U3A rdmhu3a@outlook.com	
	1 day a month usually on Friday	10:00-16:00	Location various. Please contact the coordinator.	Meeting points various as advised. Please contact the coordinator		Join Mill Hill U3A - Mill Hill U3A daveandgail47@gmail.com	
U3A Barnet	See the website	See the website	See the website	See the website	U3A Members	Http://barnetu3a.org.uk	
Watling Park Group	Wednesday	11:00-12:00	Watling Park	Watling Ave Entrance HA8 0LX	No booking required. Community is invited.	thames21.org.uk/the-action-for-silk-stream-project/	Bring a bottle of water

Information contained in this timetable was correct at the time of publish. Participants are encouraged to contact the lead organisation ahead of joining an organised walking group to ensure days, times, and meeting locations etc. are correct.