

ISLINGTON TENNIS CENTRE AND GYM NEWSLETTER

January/February
2020

Welcome to the latest Islington Tennis Centre and Gym newsletter. We hope you've had an excellent festive period and are looking forward to the New Year. We can't wait to share all the exciting news and plans for the tennis centre and gym over the coming few months.

MIDDLESEX NATIONAL LEAGUE RETURNS IN APRIL (TEAM TENNIS)

Following a successful second season in Team Tennis in 2019, we will be running teams again in 2020. This coming summer season we will be looking to have teams at 8U, 9U, 10U, 12U, and 14U.

The teams are filling up fast, but if you're interested in signing your child up to one of them, please email Mikael at mikael.kiviniemi@gll.org.



HALF-TERM HOLIDAY CAMPS — BOOK NOW

Our half-term camps include a mix of all things tennis, with footwork, coordination, technique and fun games throughout the day.

Book now for February half-term (17–21 February) at reception or online at: www.betterlessons.org.uk



NEW WHEELCHAIR TENNIS SESSIONS

Wheelchair tennis is one of the fastest-growing sports, with grand slam coverage and a prominent position in the Paralympics. Our sessions are run by our in-house disability specialist coach, David, and we welcome anyone wanting to give wheelchair tennis a try. Sessions take place every other Wednesday, 7–9pm.

For more information, speak to the Tennis Manager, Mikael, at mikael.kiviniemi@gll.org.



NEW SATURDAY COURSES AVAILABLE AT Highbury Fields

We're pleased to announce that we now have brand-new junior courses available on Saturdays at Highbury Fields. These include mini red at 10am (age 4–8) and mini orange (age 8–9) at 11am. Our team of LTA qualified and licensed coaches will help teach all aspects of the game in a fun and friendly environment. We teach the fundamentals of technique and tactical play whilst enjoying lots of fun games to help your child's co-ordination and fitness!

Book your spot now by visiting www.betterlessons.org.uk

GET ON COURT WITH LOCAL TENNIS LEAGUES

Better are delighted to work in partnership with Local Tennis Leagues, who provide leagues for players all across the UK. Whether you're an advanced player or a complete beginner, you'll be able to find competitive matches near you. Leagues are available at Islington Tennis Centre, Highbury Fields and Rosemary Gardens. Matches can be played where and when you want, which means it's easy to fit tennis into a busy schedule!

Find out more by visiting www.localtennisleagues.com



50+ SOCIAL DOUBLES

Tennis is a fantastic social sport. Enjoy a friendly game of doubles with one of our 50+ pay and play sessions. These take place on Mondays 2–4pm and Wednesdays 12 noon–2pm.

How it works: Balls are provided; you can also borrow a racket if you need to. Our reception team draw up a schedule of 30-minute doubles matches, with all players guaranteed a minimum of 3 x 30-minute sessions of play.

Level: We recommend you are at least an intermediate player to take part, as these are doubles match play sessions.

Please speak to the team at reception for more details.



2020 WIMBLEDON BALLOT OPEN

It's that time of year again. The Wimbledon Ballot is now open and you can enter our very own 'club ballot' for the chance to purchase Centre Court and Court 1 tickets for the best weekend of the year.



UPCOMING LTA TOURNAMENTS

Islington Tennis Centre will be hosting LTA tennis tournaments throughout 2020 (red and orange ball). Upcoming orange (9&U) events include 26th January, 15th March and 29th March. Events are run in partnership with My Tennis Events and are delivered by a team of highly qualified referees. No matter what the outcome on court, each game is a great opportunity to grow as a tennis player. Follow the 3 steps below to sign up:

1. Visit www.mytennisevents.com
2. Enter the event
3. Pay & Play

CHOOSE A GYM THAT DOES GOOD FOR THE COMMUNITY

When you choose a Better membership, you're not just taking care of yourself; you're doing your bit for the whole community. Unlike other gyms, all surplus funds generated go straight back into the business, making our facilities and services better for everyone.

If that wasn't reason enough to join, all our memberships come with no contract and no hidden extras. So you can enjoy no-strings access to your local centre facilities.

Please speak to a member of staff for more information or email: islingtontenniscentreandgym@gll.org



If you would like to enter the Islington Tennis Centre and Gym or Highbury Fields 2020 ballot, simply follow the 3 steps below:

1. Sign up for a British Tennis Membership (if you don't already have one)
2. Link Islington Tennis Centre and Gym and/or Highbury Fields to your British Tennis Member's record as your home venue
3. Opt in to the Wimbledon Ballot by 14th February

BETTER

Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal Arsenal, London, SE18 6SX. Inland Revenue Charity no. XR43398

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