



WIGGLES®

FRUIT JUICE GELS

A FUN & FRUITY GEL
MADE WITH **100% FRUIT JUICE***

*100% Fruit Juice From Concentrate And Other Natural Ingredients



Cherry

Orange

Strawberry

non-GMO

- No added sugars[^]
- Smart Snack Compliant
- Excellent source of Vitamin C
- Shelf-stable before opening

**CREDITS AS
½ CUP FRUIT
JUICE**
per USDA
Meal Pattern
Requirements

[^]Not a low calorie food.
See nutrition facts for sugar and calorie content.

MAKING HEALTHY SNACKING FUN!

Who said snacks need to be boring?

- **DELICIOUS FRUIT FLAVOR**
- **WIGGLY, JIGGLY & FUN TO EAT**
- **TRY FROZEN FOR A FRUITY SLUSH**



Did You Know?

DOLE Wiggles® Fruit Juice Gels don't contain gelatin (a protein derived from animal collagen).

Nutrition Facts

	Serving Size (g)	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Carbs (g)	Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin C % DV*	Vitamin D % DV*	Potassium % DV*	Calcium % DV*	Iron % DV*
Strawberry Ingredients: White Grape Juice from Concentrate (Water, White Grape Juice Concentrate), Acerola Juice from Concentrate (Water, Acerola Juice Concentrate), Strawberry Puree, Lemon Juice from Concentrate (Water, Lemon Juice Concentrate), Carrageenan, Natural Flavors, Locust Bean Gum and Cochineal Extract (Color).	123	80	0	0	0	10	19	0	18	0	0	30	0	0	0	0
Orange Ingredients: White Grape Juice from Concentrate (Water, White Grape Juice Concentrate), Orange Juice from Concentrate (Water, Orange Juice Concentrate), Acerola Juice from Concentrate (Water, Acerola Juice Concentrate), Lemon Juice from Concentrate (Water, Lemon Juice Concentrate), Carrageenan, Natural Flavors, Locust Bean Gum, Cochineal Extract (Color) and Beta Carotene (Color).	123	70	0	0	0	5	18	0	17	0	<1	30	0	0	0	0
Cherry Ingredients: White Grape Juice from Concentrate (Water, White Grape Juice Concentrate), Cherry Juice from Concentrate (Water, Cherry Juice Concentrate), Acerola Juice from Concentrate (Water, Acerola Juice Concentrate), Lemon Juice from Concentrate (Water, Lemon Juice Concentrate), Natural Flavors, Carrageenan, Locust Bean Gum and Vegetable Juice Color.	123	90	0	0	0	5	22	0	20	0	<1	30	0	0	0	0

* Percentages based on the daily value of a 2,000 calorie diet.

Case Specifications

	Case UPC	Pack/Size	Case Dimensions (L x W x H)	Gross Case Weight (lb)	Case Cube (ft)	Per Case Pallet	Shelf Life
Strawberry	100-38900-03353-5	36/4.3 oz.	12.813" x 9.688" x 6.063"	10.58	0.436	105	1-year
Orange	100-38900-03352-8	36/4.3 oz.	12.813" x 9.688" x 6.063"	10.58	0.436	105	1-year
Cherry	100-38900-03354-2	36/4.3 oz.	12.813" x 9.688" x 6.063"	10.58	0.436	105	1-year



Want to know more?

Scan the code or visit www.dolefoodservice.com.

To contact a Dole representative, call 800-723-9868.



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